

*Our vision is to be a growing community
where God is found in the beauty and joy of our worship, the warmth of our welcome,
the breadth of our outreach and our love for our neighbour.*

Sunday 5th July 2026
Fifth Sunday after Trinity

Welcome to St Paul's. You can join today's live service online at 10.00 a.m. on our YouTube channel 'St Paul's Wimbledon Parkside' via this direct link: [St Paul's Wimbledon Parkside on YouTube](#), or via one of the links to the YouTube Channel on the St Paul's website: www.stpaulsparkside.org.uk. To receive regular communications from St Paul's by email and text, please update your contact details (email and mobile phone) by sending an email to the Parish Administrator at: office@stpaulsparkside.org.uk

Music before service	Meditation on Kingsfold
Opening hymn	310 <i>I heard the voice of Jesus say</i>
Acts reading	Romans 7:15-25a [The struggle within ourselves]
Gradual hymn	331 <i>It fell upon a summer's day</i>
Gospel	Matthew 11:16-19, 25-30 [The less burdensome yoke of discipleship]
Preparation hymn	303 <i>I cannot tell</i>
Communion anthem	<i>Come unto Him from Messiah</i> by G. F. Handel (1685-1759) [Come unto Him, all ye that labour, come unto Him ye that are heavy laden, and He will give you rest. Take his yoke upon you, and learn of Him, for He is meek and lowly of heart, and ye shall find rest unto your souls] (Matthew 11:28-29)
Communion hymn	349 <i>Jesus Christ is waiting</i>
Final hymn	188 <i>Forth in thy name</i>
Final Music	<i>Dance of the Mirlitons (Reed flutes)</i> from <i>The Nutcracker</i> by P. Tchaikovsky (1840-1893) c.f. Matthew 11:17. Flute solo Julia Raeburn

Whatever is hard among the commandments, love makes easy.

Augustine of Hippo

Thank you for your generosity! St Paul's depends on your prayers, and your gifts of time, talents and resources to enable all that we do together in mission. If you'd like to make a one-off financial donation today, please scan the QR code.



Collect	Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen
Post Communion Prayer	Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. Amen

Readings: Isabel Heycock, Jacqueline Johnson. **Intercessions:** Rosemary Booth.

Coffee after the service: Please join us for coffee in the lounge after this morning's service.

Birthdays in the month of July

1 st	Susan Hartwell-Mold	14 th	Liam Warner	26 th	Carlos Heycock
5 th	Norma Cox	20 th	Tom Peart	27 th	Chris Jones
6 th	Claire Neate	22 nd	Pat Lane	30 th	Theo Mulaki
8 th	Claire Whitefield	24 th	Ann Parkin	31 th	Caroline Keat
10 th	Betty Williams	25 th	Joy Walnsimbi		

Notices



If you would be interested in becoming involved in the ministry of "church-sitting" in pairs to welcome guests, there is a signup sheet for **Saturday mornings only, 10 a.m. - 12 noon**, on the noticeboard at the back of church, if you can help on an occasional basis.

Other days are also possible. Please have a word with Revd Jack or the churchwardens.

Services this week

No Evening Prayer tonight. Join Revd Jack for **Morning and Evening Prayer** on Tuesdays and Thursdays at 9:00 a.m. and 6:00 p.m., and **Midday Eucharist** on Wednesdays.

St Paul's Pantry: Next opening is **Thursday 16th July**.



Tea and Toys



Tea and Toys Playgroup for babies, toddlers and their parents and carers runs on **Tuesdays** during term time from **9-30 - 10.30 a.m.**

Church Notices

Thank you to all who contributed to our Patronal Festival service and lunch last week. Revd John Shepherd has asked for his thanks, for the welcome and hospitality he received, to be passed on to the whole congregation! He has kindly shared the text of his sermon, some hard copies of which are available on one of the welcome tables, for those who struggled to hear it last week.



Messy Church on Wimbledon Common, today 5th July, 4:00 - 6:00 p.m.:

Please join us for our usual all-age fun, but this month taking the form of a scavenger hunt and a bring-and-share picnic near the Windmill on the Common (to allow for the YMIC Summer Party). Further details of where we'll meet and what to bring have been shared via our mailing list. Please speak to Revd Jack if you need further information today.

Please note that there will also be **no Evening Prayer this evening** to allow for the YMIC event.

Summer Fair, next Saturday 11th July, 11 a.m. - 3:00 p.m.: We are looking for donations of key items (mainly food and drink) to enable this important event for our Community Centre, as well as for volunteers to help with different activities on the day. Please see the noticeboard at the back of church to sign up - and please come along and invite friends!

Fundraising Wine-tasting, Saturday 25th July, 7:30 p.m. Please collect and share the publicity for this evening of tasting, learning and quizzing with laughs, the proceeds of which will go to **Youth Work at St Paul's!**

In-person Safeguarding Training, Saturday 5th September, 10 a.m. - 12 noon: There will be an opportunity for those who wish to take foundation-level training in safe-guarding in-person (rather than online) led by members of the Diocesan team. Claire Neate will contact those for whom attendance is required due to volunteering responsibilities - but anybody is welcome to attend, as part of our collective commitment to making St Paul's a safe and trusting environment for everyone. A sign-up sheet is now available on the church noticeboard. Further details TBC, but please keep the date and time in your diary.

St Paul's Pantry We still need your help to keep the Pantry well stocked and particularly need the following at the moment: Sardines in brine/spring water; Mackerel fillets in tomato sauce; Meatballs in tomato sauce; Hot dogs (tins or jars); Long-life milk (1 litre); Tinned sweetcorn (325 g); Mayonnaise; Tomato ketchup; Peach slices; Pineapple chunks; Orange marmalade; Strawberry jam; Tinned custard; Tinned rice pudding; Wheat biscuits ('Weetabix'); Cornflakes (500g); Rice Pops; Washing up liquid

Please bring your contributions and place them on the table on your right as you enter the church. Thank you very much!

Coffee Rota - new volunteers needed! We all enjoy the chance to meet each other and chat over a hot drink after morning service at St Paul's; however, we are short of volunteers! Would you consider joining the rota? It's a great way to get to know other people at St Paul's better. It's not difficult to learn the ropes and we will be happy to go through things with you, should you want to find out more. Please speak to Juliet Childs if you think you could help with this important aspect of our fellowship.

Interfaith Notices

School faith trails Please see the beautiful card made for us by our visitors from Franciscan Primary School, as a thank you for hosting them as part of this week's faith trails!

Community Faith Trail in Tooting and Balham, Saturday 18th July, from 10:30 a.m.: We have been invited to join this guided walk visiting local places of worship in the Borough of Wandsworth, including a gurdwara, mosques, churches and a mandir. The total distance is 4km, though you can join for only part of the day. Suggested donation of £5 to the Mayor of Wandsworth's chosen charity. For more details, speak to Revd Jack or see the poster at the back of church.

Youth and Children Notices

YMIC Youth Camp, 26th-29th October Sign-up is now also open for this activity-packed and exciting youth residential in the October half-term for school years 7+ (that includes current Y6s!) It is a 4-day (3 night) trip, packed with exciting activities - think high ropes, mountain biking, archery and crate stacking. It will also provide more information please follow the link below to our website: <https://www.ymic-southwark.org/youth-camp-2026>

The pew sheet: Please send notices to pewsheet@stpaulsparkside.org.uk. The deadline for next Sunday's pew sheet is midday **Tuesday 7th July**.

Future Services		In church and online
8th July 12 noon Midweek Communion		
12th July 10:00 a.m. Holy Communion for Sixth Sunday after Trinity		
12th July 6:00 p.m. Evening Prayer		
Contacts at St Paul's		
Guy Booth , Parish Administrator Office hours: Weds-Fri, 9:30 a.m.-12:30 p.m. office@stpaulsparkside.org.uk t: 020 8785 2341 m: 07533 652 695 Sam Egan , Community Centre Manager Office hours: Tues and Thurs, 9 a.m.-6 p.m. communitycentre@stpaulsparkside.org.uk t: 020 8785 6327 m: 07483 162573 Pew sheet entries pewsheet@stpaulsparkside.org.uk		For urgent enquiries outside office hours, or pastoral assistance, please contact: The Revd Susan Bolen , Vicar revsusan@stpaulsparkside.org.uk t: 0208 788 2024 m: 07540 383 081 Day off: Friday Or to chat with our Curate: The Revd Jack Belloli revjack@stpaulsparkside.org.uk Day off: Friday; Study Day: Monday Norman Allen , Reader norman.homantin@gmail.com